

Regina in Capetown



My Vision:

To bring inner healing and freedom for women and young adults in South Africa, who are broken and wounded, so that they will live freely, knowing their worth and their identity in and through Jesus Christ.

Hello and welcome to my adventure in South Africa!

You're probably wondering: Huh...what have I missed, why South Africa, and most importantly, when and for how long???

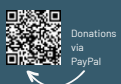
Good questions! But let's take it step by step: The desire to go abroad and serve God and people was not new to me. I had already started thinking about this in 8th grade and over the years, I have constantly reevaluated and asked God about it. Many of you also know that I spent half a year with Youth With A Mission in 2017 and have visited India several times in the following years to serve on different occasions. I rarely spent my vacations in a "normal" way, often combining them with various types of volunteer work.

In the last, especially 2 years, God has often literally brought South Africa before my eyes in various ways if anyone wants to know more about it, feel free to ask me =) and so I flew there for the first time in 2023 to see what's going on there and why I can't get it out of my head – it quickly became clear that there is more to grasp, experience, and understand there than I had time for in 3.5 weeks.

Another half year passed, and I went again – this time with the question: What does God have planned for me and how can I use my gifts and talents to serve the people there?



I could write a long text here with all my thoughts and considerations (we can definitely meet for a coffee sometime, and I'll tell you more about it), but to make it short: God's plans are often different from our own, and most of the time He asks me to trust Him completely, without knowing exactly how it will all look –



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I know, especially for us Germans, it's super hard to understand to take steps that seem crazy without assurances and insurances. But what I have learned in 12 years living here at Lake Constance is: God's ways are better than mine, and He is incredibly faithful and the best for me and for you!



In September, I will pack up in Konstanz, and God willing, I'll be back in Muizenberg, Cape Town at the beginning of October. Initially, I will focus on settling in there and preparing for my ministry and learning how best to help the people there find freedom. I plan to start by attending a leadership course "Leading by the Spirit Course" at Bethesda House to grow more in the gifts God has given me, and then complete the "Foundation of Counseling Ministry School" – at Youth with a Mission.

Of course, all of this doesn't happen on its own! Firstly and most importantly, I need you, your friendship, and your prayers, because "prayer is not everything, but without prayer, everything is nothing" quote by Johannes Hartl, founder of the Prayer House, Augsburg.

And if this touches you as well and you would like to be part of it and enable me to build up my ministry in South Africa long term, there is the opportunity to donate once or even gladly contribute a small amount monthly, which will help me cover my monthly expenses.



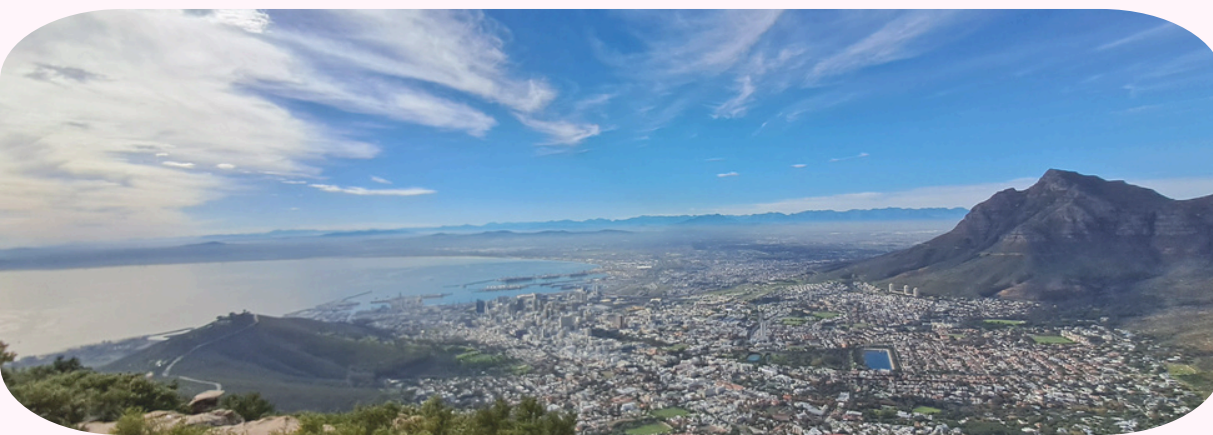
Thank you so much for taking the time to read this letter, and I look forward to this journey with God and you! Feel free to sign up for the newsletter (right column) or write me your address, and I will add you to the distribution list.
Lots of love, Regina

Prayer request:

- A sweet ending at work and this city
- Gods guidance in every step
- Raising monthly financial support

Thank you:

- For Gods guidance and direction until this very step



Sign in for the Newsletter

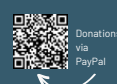


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